

2012 Women's World Karate Championships

~KATA Rules~

Age	+18 yr
Belt Rank	Brown and up
Preliminary Kata	Gekisai Sho
Final Kata	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

Competitors' age as on the date April 15, 2012 is the age division to be categorized.

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score points.

~KUMITE Rules~

Age	+18 yr
Belt Rank	Green and up
Match Duration Up to Quarterfinal	120sec → 120sec → Weight → Shingi*
Match Duration Semifinals & Finals	180sec → 120sec → 120sec → Tameshiwari → Weight → Shingi
Weight Difference	3 kg
Sudden Death Tameshiwari (Min. 2 boards)	Semin final - shuto - enpi - sokuto - seiken 3rd place fightoff - enpi - sokuto - seiken - shuto Final - sokuto - seiken - shuto - enpi

Competitors' AGE as on the date April 15, 2012 is the age division to be categorized.

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Head Gear	No
Mouth Guard	Required
Fist Guards	No
Knee Pads	No
Shin Pads	No
Breast pads	IKO standard Breast Pads
Groin Guard	IKO standard Groin Guard