

## **2012 International Senior Karate Tournaments (Men)**

### ~KUMITE Rules~

<b>Age</b>	+35 yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b> Up to Quarterfinals	90sec → 90 sec → Weight → Shingi*
<b>Match Duration</b> Semifinals & Finals	120sec → 90sec → Weight → 90sec → Shingi*
<b>Weight Difference</b>	3 kg
<b>Tameshiwari</b>	No

Competitors' age as on the date April 15, 2012 is the age division to be categorized.

\*Shingi : Supreme Judge, Referee and Judges will talk over.

### ~PROTECTIVE Gears~

<b>Head Gear</b>	IKO standard Head Gear NO face cover
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	IKO standard ichigeki Open Finger Glove
<b>Knee Pads</b>	IKO standard Knee Pads
<b>Shin Pads</b>	IKO standard Shin Pads
<b>Groin Cup</b>	Required

All protective gears are available for purchasing during the team registration on April 13 in Honbu-dojo.

## **2012 International Kata Karate Competitions (Men)**

<b>Age</b>	+18 yr
<b>Belt Rank</b>	Brown and up
<b>Preliminary Kata</b>	Gekisai Sho
<b>Final Kata</b>	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

Competitors' age as on the date April 15, 2012 is the age division to be categorized.

\*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score points.