

2010 The 6th International Youth Karate Tournaments

~KATA Rules~

Age	6~11yr	12~17yr
Belt Rank	Green and up	Brown and up
Preliminary Kata	Pinan Sono-ni	Gekisai Sho
Final Kata	Pinan Sono-yon Pinan Sono-go Gekisai Dai Gekisai Sho Yantsu Saifa Tsukino-kata Seienchin	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score any points.
Competitors' age as on the date April 1, 2010 is the age division to be categorized.

~KUMITE Rules~

Age	5~14 yr	15~17 yr
Match Duration	90sec → 90sec → Weight → 90sec → Weight	120sec → 120sec → Weight → 120sec → Weight
Weight Difference	3 kg	5 kg

Competitors' AGE as on the date April 1, 2010 is the age division to be categorized.

*If the match goes to 2nd weight difference, a fighter with smaller weight will be declared as a winner.

~PROTECTIVE Gears~

Age	5~11 yr	12~14 yr	15~17 yr
Head Gear	IKO standard head gear WITH face cover	IKO standard head gear with NO face cover	
Mouth Guard	Optional	Required	
Body Protector	No	Up to quarterfinals. Remove thereafter **	
Fist Guards	IKO standard Fist Guard		IKO standard Ichigeki Open Finger Glove
Knee Pads	IKO standard Knee Pads		
Shin Pads	IKO standard Shin Pads		
Boys Groin Cup	Required		
Girls Groin Guard	Optional	IKO standard Girls Groin Guard	
Girls Breast pads	Optional	IKO standard Girls Breast Pads	

**Honbu will provide body protectors.

All IKO standard protective gears are available for purchasing during the team registration on April 23rd in Honbu-dojo and Makuhari Messe Event Hall on April 24th~25th.

2010 World Youth Elite Karate Championships

~KUMITE Rules~

Age	16 ~17 yr
Belt Rank	Green and up
Match Duration Up to quarterfinals	120sec →120sec → Weight →Shingi*
Match Duration After quarterfinals	180sec→120sec → 120sec → Weight → Shingi*
Weight Difference	3 kg
Tameshiwari	No

Competitors' age as on the date April 1, 2010 is the age division to be categorized.

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Head Gear	No
Mouth Guard	Required
Fist Guards	IKO standard Ichigeki Open Finger Glove
Knee Pads	IKO standard Knee Pads
Shin Pads	IKO standard Shin Pads
Groin Cup	Required

All IKO standard protective gears are available for purchasing during the team registration on April 23rd in Honbu-dojo and Makuhari Messe Event Hall on April 24th~25th.

2010 Women's World Karate Championships

~KATA Rules~

Age	+18 yr
Belt Rank	Brown and up
Preliminary Kata	Gekisai Sho
Final Kata	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

Competitors' age as on the date April 1, 2010 is the age division to be categorized.

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score any points.

~KUMITE Rules~

Age	+18 yr
Belt Rank	Green and up
Match Duration Up to Semifinal	120sec → 120sec → Weight → Shingi*
Match Duration After Semifinals	180sec → 120sec → 120sec → Tameshiwari → Weight → Shingi
Weight Difference	3 kg
Tameshiwari	Seiken & Sokuto (Min. 2 boards) -- Top 4 Fighters

Competitors' AGE as on the date April 1, 2010 is the age division to be categorized.

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Head Gear	No
Mouth Guard	Required
Fist Guards	No
Knee Pads	No
Shin Pads	No
Breast pads	IKO standard Breast Pads
Groin Guard	IKO standard Groin Guard

All IKO standard protective gears are available for purchasing during the team registration on April 23rd in Honbu-dojo and Makuhari Messe Event Hall on April 24th~25th.

2010 International Senior Karate Tournaments (Men)

~KUMITE Rules~

Age	+35 yr
Belt Rank	Green and up
Match Duration Up to Semifinals	90sec → 90 sec → Weight → Shingi*
Match Duration After Semifinals	120sec → 90sec → Weight → 90sec → Shingi*
Weight Difference	3 kg
Tameshiwari	No

Competitors' age as on the date April 1, 2010 is the age division to be categorized.

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Head Gear	IKO standard Head Gear NO face cover
Mouth Guard	Required
Fist Guards	IKO standard ichigeki Open Finger Glove
Knee Pads	IKO standard Knee Pads
Shin Pads	IKO standard Shin Pads
Groin Cup	Required

All IKO standard protective gears are available for purchasing during the team registration on April 23rd in Honbu-dojo and Makuhari Messe Event Hall on April 24th~25th.

2010 International Kata Karate Competitions (Men)

Age	+18 yr
Belt Rank	Brown and up
Preliminary Kata	Gekisai Sho
Final Kata	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

Competitors' age as on the date April 1, 2010 is the age division to be categorized.

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score any points.