

2009 Women's World Karate Championships

Gender	category	weight Class	birthday
Women	KUMITE	Light -55kg	+18yr as of April 1st, 2009
Women	KUMITE	Middle -65kg	+18yr as of April 1st, 2009
Women	KUMITE	Heavy +65kg	+18yr as of April 1st, 2009
Women	KATA		+18yr as of April 1st, 2009

~KATA~

Qualification	Brown belt and up (+18yrs)
Preliminary Kata	Gekisai Sho
Final Kata	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Su-shihou

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will NOT score any points in this tournament.

~KUMITE Rules~

Qualification	Green belt and up
Match Duration Preliminary	120sec → 120sec → Weight → Shingi*
Match Duration After Semifinals	180sec → 120sec → 120sec → Tameshiwari → Weight → Shingi
Weight Difference	3kg
Tameshiwari	Seiken & Sokuto (Min. 2 boards)*Top 4 Fighters

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Mouth Guard	Required
Breast pads	IKO standard Breast Pads
Women Groin Guard	IKO standard Groin Guard

All protective gears will be available for purchasing during the team registration on August 20th in the Honbu-dojo and Makuhari Messe Event Hall on August 21st~23rd.