

2009 International Senior Karate Tournaments

Gender	category	Age	weight Class	birthday
Men	Standard KUMITE	35~39yr	Light -70kg	April/2/1969 ~ April/1/1974
Men	Standard KUMITE	35~39yr	Middle -80kg	April/2/1969 ~ April/1/1974
Men	Standard KUMITE	35~39yr	Heavy +80kg	April/2/1969 ~ April/1/1974
Men	Standard KUMITE	+40yr	Light -70kg	+40yr as of April 1st, 2009
Men	Standard KUMITE	+40yr	Middle -80kg	+40yr as of April 1st, 2009
Men	Standard KUMITE	+40yr	Heavy +80kg	+40yr as of April 1st, 2009

~KUMITE Rules~

Qualification	Green belt and up
Match Duration Preliminary	90sec → 90 sec → Weight → Shingi*
Match Duration After Semifinals	120sec → 90sec → Weight → 90sec → Shingi*
Weight Difference	3kg
Tameshiwari	No

*Shingi : Supreme Judge, Referee and Judges will talk over.

~PROTECTIVE Gears~

Head Gear	IKO standard Head Gear NO face cover
Mouth Guard	Required
Fist Guards	IKO standard ichigeki Open Finger Glove
Knee Pads	IKO standard Knee Pads
Shin Pads	IKO standard Shin Pads
Groin Cup	Required

All protective gears are available for purchasing during team registration on August 20th