

13-14 NOVEMBER 2021  
KATOWICE - POLAND

# THE 34<sup>TH</sup> EUROPEAN WEIGHT CATEGORY KARATE KYOKUSHIN CHAMPIONSHIPS

International Karate Organization Kyokushinkaikan – Poland

## The 34th European Weight Category Karate Championships

European Juniors Karate Championships

European Seniors Karate Championships

**Place:** Sports Center "Szopienice", 11-Listopada 16st, Katowice, Poland

**Date:** November 13th – 14th 2021

**Organizer:** International Karate Organization Kyokushinkaikan - Poland

Shihan Jacek Czerniec, IKO Poland Branch Chief

Sensei Dariusz Lyczko, IKO Poland Dojo Operator

More info: [www.ikopoland.com](http://www.ikopoland.com)

Contact: [ikopoland@gmail.com](mailto:ikopoland@gmail.com) , shihan Jacek Czerniec phone +48 602757003

**Registration:** the registration process will take place via the website: [mykyokushin.pl](http://mykyokushin.pl)  
between **3rd – 23rd October**.

**Official Hotel:** Hotel Novotel Katowice Centrum, Rozdzińskiego 16 st.

**Hotel reservations:** Reservations can be made until October 13th, using the password  
"IKOPoland". hotel email: [H3377@accor.com](mailto:H3377@accor.com) , hotel phone: +48322004450

**Nearest airports:** Katowice Airport (Międzynarodowy Port Lotniczy Katowice Pyrzowice) -  
20km [www.katowice-airport.com](http://www.katowice-airport.com)

### **Fees:**

60 Euro per category by bank transfer (70 Euro per category, cash payment on the spot)

Kumite + Kata 100 Euro by bank transfer (110 Euro cash payment on the spot)

Team Kata 100 Euro – price for team (110 Euro cash payment on the spot)

IKO Technical Seminar 50 EURO (free admission for Branch Chiefs)



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## Organizer's bank account:

Name: TKKF Czarni

Bank: ING Bank Śląski

number: 47105012141000009081356736 (bill for euro)

Swift INGBPLPW IBAN PL

## All age categories are determined as of November 13th, 2021

All participants and team members of the Championships must have a valid insurance. The organizer does not provide any insurance and does not take responsibility in this area.

## The 34th European Weight Category Karate Championships:

KUMITE +18 years old (Prizes for places 1st, 2nd, 3rd, 4th - will fight for 3rd and 4th place)

Men: -60kg; -70kg; -80kg; -90kg; +90kg;

Women: -55kg; -65kg; +65kg;

Match duration:

Elimination round: 2 minutes -> 2 minutes

Semi finals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> weight (difference of at least 3kg) -> 2 minutes (mandatory decision)

KATA+18 years old (Prizes for places: 1st, 2nd, 3rd)

Men

Women

Team Kata (3 - 5 people, duration less than 5 min)

Men and Women

Elimination: Gekisai Sono San

Final (for top 8): Seienchin



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TEAM KATA Open to all age and gender

Rules :

Team: 3 ~ 5 person per team,

Performing Kata: (No Preliminary round) Any Kyokushin Kata except for Ura, Sanchin, Tensho, Bassai and Tekki.

Performing Time: Maximum 5 min.

## European Juniors Karate Championships

KUMITE Juniors

(Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

Boys: 10-11 years old : -35kg; -40kg; -45kg; +45kg;

Boys: 12-13 years old: -40kg; -45kg; -50kg; +50kg;

Boys: 14-15 years old : -50kg; -55kg; -60kg; -65kg; -70kg; +70kg;

Boys: 16-17 years old: -55kg; -60kg; -65kg; -70kg; -75kg; +75kg;

Girls: 10-11 years old : -35kg; -40kg; +40kg;

Girls: 12-13 years old : -40kg; -45kg; +45kg;

Girls: 14-15 years old : -50kg; -55kg; +55kg;

Girls: 16-17 years old : -55kg; -60kg; +60kg;

Mandatory protective gear:

Head gear (no face cover 10-17 y.o.)

Body protectors (10-15 y.o.)

Fist guards (IKO standard, 10-17 y.o.)

Shin pads (IKO standard, 10-17 y.o.)

Boys groin cup

Girls breast pads

**Competitors must have their own personal protective equipment**

**Organizer will provide only body protectors.**



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Match duration for Juniors 10-13 years old:

Elimination and finals round: 90 seconds -> 90 seconds

Match duration for Juniors 14-17 years old:

Elimination and finals round: 120 seconds -> 120 seconds

KATA Juniors (Prizes for places: 1st, 2nd, 3rd)

Boys: 10-11 years old

Boys: 12-13 years old

Boys: 14-15 years old

Boys: 16-17 years old

Girls: 10-11 years old

Girls: 12-13 years old

Girls: 14-15 years old

Girls: 16-17 years old

Juniors 10-11 years old (boys and girls)

Elimination: Pinan Sono Ich

Final (for top 8 only): Pinan Sono Ni

Juniors 12-13 years old (boys and girls)

Elimination: Pinan Sono San

Final (for top 8 only): Pinan Sono Yon

Juniors 14-15 years old (boys and girls)

Elimination: Tsuki No Kata

Final (for top 8 only): Gekisai San



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Juniors 16-17 years old (boys and girls)

Elimination: Saifa

Final (for top 8 only): Gekisai San

## European Seniors Karate Championships

Seniors: Man: 35-39 years old : -85kg; +85kg;

Seniors: Man: +40 years old : -85kg; +85kg;

Mandatory protective gear:

Head gear (no face cover)

Fist guards (IKO standard)

Shin pads (IKO standard)

## Competitors must have their own personal protective equipment

Match duration for Seniors: elimination and finals round: 90 seconds -> 90 seconds

SCHEDULE:

### November 12th (Friday)

10:00-18:00 Verification of all participants

To pass the verification you must bring: IKO Membership Card, Passport, Doctor's agreement (without HIV), Waiver form, Dogi jacket.

14:30-16:30 Judge Seminar kumite (with exam)

17:00-18:30 Judge Seminar kata (with exam)

18:45 European Meeting of BC's and DO's

### November 13th (Saturday)

9:00 Judge briefing

10:00 Official opening ceremony of the European Juniors Karate Championships

10:30 Start of the competition juniors kata and kumite



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## November 14th (Sunday)

10.00 Official opening ceremony The 34th European Weight Category Karate Championships and European Seniors Karate Championships

10:30 Start of the competition

## November 15th (Monday)

10:30 – 12:00 IKO Technical Seminar

Organizational details and information related to the pandemic situation will be published on the [ikopoland.com](http://ikopoland.com) website and sent to the email addresses provided in the registration.

OSU!

