

~Youth KUMITE Rules~

<b>Age</b>	5~14 yrs.	15~17 yrs.
<b>Match Duration</b>	90sec → 90sec → Weight → 90sec	120sec → 120sec → Weight → 120sec
<b>Weight Difference</b>	3 kg	3 kg

~Youth KUMITE Protective Gears~

<b>Age</b>	5~11 yrs.	12~14yr	15~17 yrs.
<b>Head Gear</b>	IKO standard head gear w/ face cover	IKO standard head gear w/ NO face cover	
<b>Mouth Guard</b>	Optional	Required	
<b>Body Protector</b>	No	Honbu provided body protector. It will be removed from quaterfinals. Boys 15,16~17 (Youth Elite Categories) uses NO body protector.	
<b>Fist Guards</b>	5~14yr Boys & Girls - IKO standard Fist Guard		15~17yr - IKO standard Ichigeki Open Finger
<b>Knee Pads</b>	IKO standard Knee Pads		
<b>Shin Pads</b>	IKO standard Shin Pads		
<b>Boys Groin Cup</b>	Required		
<b>Girls Groin Guard</b>	5~9 yrs. Optional	10~17yr IKO standard Girls Groin Guard	
<b>Girls Breast pads</b>	5~9 yrs. Optional	10~17 IKO standard Girls Breast Pads	

~Senior / Mater Class KUMITE Rules~

<b>Age</b>	+35yr old
<b>Belt Rank (Senior)</b>	Green and up
<b>Belt Rank (Master)</b>	Brown and up
<b>Match Duration</b> Up to Quarterfinals	90sec → 90sec → Weight → 90sec
<b>Match Duration</b> Semifinal & Final	120sec → 90sec → Weight → 90sec
<b>Weight Difference</b>	3 kg

~Senior KUMITE & Master class Protective Gears~

<b>Head Gear</b>	IKO standard w/ NO face cover
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	IKO standard Ichigeki Open Finger
<b>Knee Pads</b>	IKO standard Knee Pads
<b>Shin Pads</b>	IKO standard Shin Pads
<b>Groin Cup</b>	Required

~Men KUMITE Rules~

<b>Age</b>	18~34yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b> Up to Quarterfinal	120sec → 120sec → Weight → 120sec
<b>Weight Difference</b>	3 kg

~Men Kumite Protective Gears~

<b>Head Gear</b>	IKO standard w/ NO face cover
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	IKO standard Ichigeki Open Finger
<b>Knee Pads</b>	IKO standard Knee Pads
<b>Shin Pads</b>	IKO standard Shin Pads
<b>Groin Cup</b>	Required

~Women KUMITE Rules~

<b>Age</b>	+18 yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b>	120sec → 120sec → Weight → 120sec
<b>Weight Difference</b>	3 kg

~Women Kumite Protective Gears~

<b>Head Gear</b>	IKO standard w/ NO face cover
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	IKO standard Ichigeki Open Finger
<b>Knee Pads</b>	IKO standard Knee Pads
<b>Shin Pads</b>	IKO standard Shin Pads
<b>Breast pads</b>	IKO standard Breast Pads
<b>Groin Guard</b>	IKO standard Groin Guard

\*All female competitors in Kata & Kumite must wear **white T-shirts under Karate Dogi.**

\*No 3rd place fight off will be conducted for all categories