

~Youth KATA Rules~

Category	6yr / 7yr	8yr / 9yr	10yr / 11yr	12 ~ 14 yr
Belt Rank	Blue & up	Yellow & up	Green & up	Brown & up
Preliminary Kata	Pinan 1	Pinan 2	Pinan 3	Tsukino-kata
Final Kata	Pinan 2	Pinan 5	Gekisai Sho	

*Revised Kata must be performed.

~Men & Women KATA Rules~

Category	15 ~ 34 yr	35 ~ 49 yr	+50yr
Belt Rank	Brown and up		
Preliminary Kata	Pinan 4	Pinan 5	
Final Kata	Saifa		

*Revised Kata must be performed.