

~Youth KATA Rules~

| Category         | 6 yr                                                                                          | 7 ~ 9 yr                                                                                    | 10 ~11 yr                                                                    | 12 ~ 14 yr                                                           |
|------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------------------------|
| Belt Rank        | Blue & up                                                                                     | Yellow & up                                                                                 | Green & up                                                                   | Brown & up                                                           |
| Preliminary Kata | Pinan 1                                                                                       | Pinan 2                                                                                     | Pinan 5                                                                      | Gekisaisho                                                           |
| Final Kata       | Pinan 2,3,4,5<br>Gekisai Dai,<br>Gekisai Sho,<br>Yantsu, Saifa,<br>Tsukino-kata,<br>Seienchin | Pinan 3,4,5<br>Gekisai Dai,<br>Gekisai Sho,<br>Yantsu, Saifa,<br>Tsukino-kata,<br>Seienchin | Gekisai Dai,<br>Gekisai Sho,<br>Yantsu, Saifa,<br>Tsukino-kata,<br>Seienchin | Tsukino-kata, Saifa,<br>Garyu, Seienchin,<br>Seipai, Kanku, Sushihou |

Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.

~Men & Women KATA Rules~

| Category         | 15 ~ 34 yr                                                                                                                                           | +35 yr                                                                                                                                        |
|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| Belt Rank        | Brown and up                                                                                                                                         |                                                                                                                                               |
| Preliminary Kata | Gekisaisho                                                                                                                                           | Saifa                                                                                                                                         |
| Performing Kata  | Tsukino-kata, Saifa, Garyu, Seienchin,<br>Seipai, Kanku, Sushihou,<br>*Any Kata in Ura, Sanchin, Tensho, Bassai<br>Dai, Tekki will NOT score points. | Tsukino-kata, Garyu, Seienchin,<br>Seipai, Kanku, Sushihou,<br>*Any Kata in Ura, Sanchin, Tensho,<br>Bassai Dai, Tekki will NOT score points. |

Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.