

~Youth KATA Rules~

Category	6 yr	7 ~ 9 yr	10 ~11 yr	12 ~ 14 yr
Belt Rank	Blue & up	Yellow & up	Green & up	Brown up
Preliminary Kata	Pinan 1	Pinan 2	Pinan 5	Gekisaisho
Final Kata	Pinan 2,3,4,5 Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino-kata, Seienchin	Pinan 3,4,5 Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino-kata, Seienchin	Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino-kata, Seienchin	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushihou

Any Kata in Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.

~Men & Women KATA Rules~

Category	15 ~ 34 yr	+35 yr
Belt Rank	Brown and up	
Preliminary Kata	Gekisaisho	Saifa
Performing Kata	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushihou, *Any Kata in Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.	Tsukino-kata, Garyu, Seienchin, Seipai, Kanku, Sushihou, *Any Kata in Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.