

~Youth KUMITE Rules~

Age	5~14 yr	15~17 yr
Match Duration	90sec → 90sec → Weight → 90sec → Weight	120sec → 120sec → Weight → 120sec → Weight
Weight Difference	3 kg	5 kg

~Youth KUMITE Protective Gears~

Age	5~11 yr	12~14yr	15~17 yr
Head Gear	IKO standard head gear w/ face cover	IKO standard head gear w/ NO face cover	
Mouth Guard	Optional	Required	
Body Protector	No	Honbu will provide body protector up to quarterfinals, remove there after. Boys 15,16~17 (Youth Elite Categories) NO body protector.	
Fist Guards	5~14yr Boys & Girls - IKO standard Fist Guard		15~17yr - IKO standard Ichigeki Open Finger
Knee Pads	IKO standard Knee Pads		
Shin Pads	IKO standard Shin Pads		
Boys Groin Cup	Required		
Girls Groin Guard	5~9 yr Optional	10~17yr IKO standard Girls Groin Guard	
Girls Breast pads	5~9 yr Optional	10~17 IKO standard Girls Breast Pads	

Youth competitors' division will be determined by their age on April 1, 2016

If the match goes to 2nd weight difference, a fighter with smaller weight will be declared as a winner.

~Senior KUMITE Rules~

Age	35~39yr & +40yr & +45yr
Belt Rank	Green and up
Match Duration Up to Quarterfinals	90sec → 90 sec → Weight → Shingi*
Match Duration Semifinals & Finals	120sec → 90sec → Weight → 90sec → Shingi
Weight Difference	3 kg
Tameshiwari	No

Senior competitors' division will be determined by their age on **April 17, 2016.**

~Senior KUMITE (Master class) Protective Gears~

Head Gear	IKO standard w/ NO face cover
Mouth Guard	Required
Fist Guards	IKO standard Ichigeki Open Finger
Knee Pads	IKO standard Knee Pads
Shin Pads	IKO standard Shin Pads
Groin Cup	Required

~Women KUMITE Rules~

Age	+18 yr
Belt Rank	Green and up
Match Duration Up to Quarterfinal	120sec → 120sec → Weight → Shingi
Match Duration Semifinals, 3rd Place & Finals	180sec → 120sec → 120sec → Tameshiwari → Weight → Shingi
Weight Difference	3 kg
Sudden Death Tameshiwari (Min. 2 boards)	Semi final - shuto - enpi - sokuto - seiken 3rd place & Final - enpi - sokuto - seiken - shuto

~Women Kumite Protective Gears~

Head Gear	No
Mouth Guard	Required
Fist Guards	No
Knee Pads	No
Shin Pads	No
Breast pads	IKO standard Breast Pads
Groin Guard	IKO standard Groin Guard

Women competitors' division will be determined by their age on April 1, 2016

Shingi : Supreme Judge, Referee and Judges will decide.

All female competitors in Kata & Kumite must wear **white T-shirts under Karate Dogi.**

IKO standard protective gears are available for purchasing during the team registration on April 15 in Honbu