

### ~Youth KUMITE Rules~

Age	12~14 yr	15~17 yr
Match Duration	90sec → 90sec → Weight → 90sec → Weight	90sec → 90sec → Weight → 90sec → Weight
Weight Difference	3 kg	5 kg

### ~Youth KUMITE Protective Gears~

Age	12~17yr	
Head Gear	IKO standard head gear w/ NO face cover	
Mouth Guard	Required	
Body Protector	Honbu will provide body protector. Remove from quarter final. <b>Boys 15,16~17 use NO body protector.</b>	
Fist Guards	12~14yr Boys & Girls IKO standard Fist Guard	15~17yr IKO standard Ichigeki Open Finger Gloves
Knee Pads	IKO standard Knee Pads	
Shin Pads	IKO standard Shin Pads	
Boys Groin Cup	Required	
Girls Groin Guard	IKO standard Girls Groin Guard	
Girls Breast pads	IKO standard Girls Breast Pads	

Competitors' age division will be determined by their age on **April 1, 2015**

If the match goes to 2nd weight difference, a fighter with smaller weight will be declared as a winner.

### ~Senior KUMITE (Master class) Rules~

Age	35~39yr & +40yr & +45yr
Belt Rank	Green and up
Match Duration Up to Quarterfinals	90sec → 90 sec → Weight → Shingi*
Match Duration Semifinals & Finals	120sec → 90sec → Weight → 90sec → Shingi
Weight Difference	3 kg
Tameshiwari	No

### ~Senior KUMITE (Master class) Protective Gears~

Head Gear	IKO standard w/ NO face cover
Mouth Guard	Required
Fist Guards	IKO standard Ichigeki Open Finger
Knee Pads	IKO standard Knee Pads
Shin Pads	IKO standard Shin Pads
Groin Cup	Required

Competitors' age division will be determined by their age on **November 23, 2015.**

### ~Women KUMITE Rules~

<b>Age</b>	+18 yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b> Up to Quarterfinal	120sec → 120sec → Weight → Shingi
<b>Match Duration</b> Semifinals, 3rd Place & Finals	180sec → 120sec → 120sec → Weight → Tameshiwari → Shingi
<b>Weight Difference</b>	5 kg
<b>Sudden Death Tameshiwari (Min. 2 boards)</b>	Semi final - Shuto - Enpi - Sokuto - Seiken 3rd place & Final - Enpi - Sokuto - Seiken - Shuto

### ~Women Kumite Protective Gears~

<b>Head Gear</b>	No
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	No
<b>Knee Pads</b>	No
<b>Shin Pads</b>	No
<b>Breast pads</b>	IKO standard Breast Pads
<b>Groin Guard</b>	IKO standard Groin Guard

Competitor's age division is determined by their age on **November 23, 2015**.

Shingi : Supreme Judge, Referee and Judges will talk over.

Female competitors must wear **white T-shirts under Karate Dogi**.

### ~Team KATA Rules~

<b>Team</b>	3 ~ 5 person per team, Open to all age and gender
<b>Belt Rank</b>	Green and up
<b>Performing Kata</b> No Preliminary	Any Kyokushin Kata except for Ura, Sanchin, Tensho, Bassai Dai and Tekki
<b>Performing Time</b>	Maximum 5 min.
<b>Required Elements</b>	1. Perform one Kata by all team members. 2. Perform same Kata a second time demonstrating the Kata's "Bunkai" in a free style format. *No Music, No Breaking, No Props (fake weapons & knives etc.,) Must wear Karate Dogi.

IKO standard protective gears are available for purchasing during the team registration in Tokyo Taiikukan.