

~Youth KATA Rules~

<b>Category</b>	6 ~ 8 · 9yr Boys & Girls	10 · 11 yr Boys & Girls	12 ~ 14 yr Boys	12 ~ 14 yr Girls
<b>Belt Rank</b>	Green and up		Brown and up	Brown and up
<b>Performing Kata</b> No Preliminary	Pinan 4, Pinan 5, Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino-kata, Seienchin	Pinan 4, Gekisai Dai, Gekisai Sho, Yantsu, Saifa, Tsukino-kata, Seienchin	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushihou	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushihou

Any Kata in Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.

~Men & Women KATA Rules~

<b>Category</b>	15 ~ 34 yr Men	15 ~ 34 yr Women	+35 yr Men*	+35 yr Women*
<b>Belt Rank</b>	Brown and up			
<b>Performing Kata</b> No Preliminary	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushihou, *Any Kata in Ura, Sanchin, Tensho, Bassai Dai, Tekki will NOT score points.			

15~34yr competitors' division will be determined by their age on April 1, 2014

+35yr competitors' division will be determined by their age on **April 20, 2014**.

~Team KATA Rules~

<b>Team</b>	3 ~ 5 person per team, Open to all age and gender
<b>Belt Rank</b>	Green and up
<b>Performing Kata</b> No Preliminary	Any Kyokushin Kata except for Ura, Sanchin, Tensho, Bassai Dai and Tekki
<b>Performing Time</b>	Maximum 5 min.
<b>Required Elements</b>	1. Perform one Kata by all team members. 2. Perform same Kata a second time demonstrating the Kata's "Bunkai" in a free style format. *No Music, No Breaking, No Props (fake weapons & knives etc..) Must wear Karate Dogi.