

## **2011 The 7th International Youth Karate Tournaments**

### ~KUMITE Rules~

Age	5~14 yr	15~17 yr
Match Duration	90sec → 90sec → Weight → 90sec → Weight	120sec → 120sec → Weight → 120sec → Weight
Weight Difference	3 kg	5 kg

Competitors' AGE as on the date April 1, 2011 is the age division to be categorized.

\*If the match goes to 2nd weight difference, a fighter with smaller weight will be declared as a winner.

### ~PROTECTIVE Gear requirement~

Age	5~11 yr	12~14 yr	15~17 yr
Head Gear	IKO standard head gear WITH face cover***	IKO standard head gear with NO face cover	
Mouth Guard	Optional	Required	
Body Protector	No	Up to quarterfinals. Remove thereafter	
Fist Guards	IKO standard Fist Guard		IKO standard Ichigeki Open Finger Glove
Knee Pads	IKO standard Knee Pads		
Shin Pads	IKO standard Shin Pads		
Boys Groin Cup	Required		
Girls Groin Guard	Optional	IKO standard Girls Groin Guard	
Girls Breast pads	Optional	IKO standard Girls Breast Pads	

\*\*\*These items can be lended at each designated court

All IKO standard protective gears are available for purchasing during the team registration on November 2nd in the olympic center

## 2010 International Senior Karate Tournaments (Men)

### ~KUMITE Rules~

<b>Age</b>	+35 yr / +40 yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b> Up to Semifinals	90sec → 90 sec → Weight → Shingi*
<b>Match Duration</b> After Semifinals	120sec → 90sec → Weight → 90sec → Shingi*
<b>Weight Difference</b>	3 kg
<b>Tameshiwari</b>	No

Competitors' age as on the date April 1, 2011 is the age division to be categorized.

\*Shingi : Supreme Judge, Referee and Judges will talk over.

### ~PROTECTIVE Gears~

<b>Head Gear</b>	IKO standard Head Gear NO face cover
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	IKO standard ichigeki Open Finger Glove
<b>Knee Pads</b>	IKO standard Knee Pads
<b>Shin Pads</b>	IKO standard Shin Pads
<b>Groin Cup</b>	Required

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## 2011 Women's World Karate Championships

### ~KUMITE Rules~

<b>Age</b>	+18 yr
<b>Belt Rank</b>	Green and up
<b>Match Duration</b> Prior to Semifinal	120sec → 120sec → Weight → Shingi*
<b>Match Duration</b> From Semifinals	180sec → 120sec → 120sec → <b>Weight</b> → <b>Tameshiwari</b> → Shingi*
<b>Weight Difference</b>	<b>5 kg</b>
<b>Tameshiwari</b>	<b>"Sudden-deth Tameshiwari" from quarter finals on** see below</b>

#### \*\*Sudden-deth Tameshiwari

1. "Tameshiwari blocks will be set up on ring (or just near the ring side) after two "Hikiwake" were called from quarter finals on.
2. First attempting technique will be Shutou (knife-hand).
3. Each contestant must individually report to a referee a number of the attempting boards (2 boards minimum), and once they declare that number fighter cannot be change the declared number of the boards.
4. A contestant who broke more board(s) than her facing opponent will be the winner instantly.
5. If both contestants successfully broke the same number of boards or both failed( regardless of the numbe of the attempting bords), the next technique Enpi (elbow) will be proceeded then Sokuto (knife-foot) and Seiken (fore-fist) until the winner is determined.
6. The first technique in the Semi-final tameshiwari will rotate to Enpi (elbow) followed by Sokuto (knife-foot), Seiken (fore-fist) and Shuto (knife-hand).
7. The same rotation will be made in the Final and the 3rd place fight off.

### ~PROTECTIVE Gears~

<b>Head Gear</b>	No
<b>Mouth Guard</b>	Required
<b>Fist Guards</b>	No
<b>Knee Pads</b>	No
<b>Shin Pads</b>	No
<b>Breast pads</b>	IKO standard Breast Pads
<b>Groin Guard</b>	IKO standard Groin Guard

IKO standard protective gears are available for purchasing during the team registration on November 2nd in the olympic center