

Youth Championships

~KATA~

	6~11yrs	12~17yrs
Belt Rank	Green and up (No exception)	Brown and up (No exception)
Preliminary Kata	Pinan sono -ni	Gekisai sho
Final Kata	Pinan sono-yon Pinan sono-go Gekisai dai Gekisai sho Yantsu Saifa Tsukino-kata Seienchin	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

* Sanchin, Tensho, Bassai Dai, Tekki, Ura will not score a point in this tournament.

~KUMITE Rules~

	5 yrs	6~11yrs	12~14yrs	15~17yrs
Match Duration	90sec → 90sec → weight → 90sec → weight			120sec→120sec →weight→ 120sec→weight
Weight Difference	3kg			5kg

* If the match goes to the 2nd weight difference, a fighter with smaller weight will be a winner.

~Protective Gears~

	5~11yrs	12~14yrs	15~17yrs
Head Gear	IKO standard head gear WITH face cover	IKO standard head gear NO face cover	
Body Protector	No use	Required to wear until top 8 fighters are determined**	
Mouth Guard	Optional	Required	
Knee Pads	IKO standard Knee Pads		
Fist Guards	IKO standard Fist Guard		
Shin Pads	IKO standard Shin Pads		
Groin Guard/Cup	IKO standard required for Girls 12~17 yrs*** / Required for all Boys		
Girls Breast pads	IKO standard required for Girls 12~17 yrs***		

**Boys & Girls over 12 years old must wear IKO standard Body protector (provided by Honbu) until top 8 fighters are selected. The body protector will be removed from quarterfinals.

***Breast pads and Groin guard for Girls 5~11yr. are optional to use. (IKO standard only)

All protective gears will be available for purchasing during the team registration on April 4th in the Metropolitan Hotel and Makuhari Messe Event Hall on April 5th and 6th.